

Frozen Treats

Hot? Burned-out? Here are some chilling suggestions. BY ANDREA DAWN CLARK



ICE PICKS Clockwise from left: American Vitamin Company After Sun Re-Hydrator, Physicians Formula Ligtash Splash with aloe vera, H₂O + Body Ooze hydrating treatment, SS Cool Massage Pack, Fresh Cucumber Baie body spray, Clinique Instant Energy body wash, Emergic H₂O Active Hydrating Complex. For details see Shop Guide.

TAKING A DIP IN THE POOL, DRINKING A smoothie blended with ice, and cranking up the air conditioner are surefire ways to escape the heat, but sometimes your skin needs a little extra relief. After-sun gels with cucumber and aloe hydrate your body on contact, treatments infused

with peppermint and spearmint—natural cooling agents—refresh with a tingly feeling, and newly developed moisturizers formulated with a very high glycerin and water content impart an immediate icy sensation. Think of these products as shade in a bottle. •